

**MARCH 2022**  
**IN PERSON AT AVALON WOMEN'S CENTRE NORTH SHORE**

| SUNDAY  | MONDAY             | TUESDAY            | WEDNESDAY          | THURSDAY  | FRIDAY  | SATURDAY                                 |
|---|--------------------|--------------------|--------------------|---|---|--|
| <b>Centre hours:</b><br>Monday-Friday: 10:00am – 4:00pm<br>Saturday: 10:00am – 2:00pm<br>Sunday: Closed |                    | 1<br>12:15pm - AA  | 2<br>12:15pm - AA  | 3<br>12:15pm - AA                                       | 4<br>12:15pm – AA<br>7:00pm - AA                          | 5<br>10:30am – Big Book<br>12:15pm – AA  |
| 6   | 7<br>12:15pm - AA  | 8<br>12:15pm - AA  | 9<br>12:15pm - AA  | 10<br>12:15pm - AA                                      | 11<br>12:15pm – AA<br>7:00pm - AA                         | 12<br>10:30am – Big Book<br>12:15pm - AA |
| 13  | 14<br>12:15pm - AA | 15<br>12:15pm - AA | 16<br>12:15pm – AA | 17<br>12:15pm – AA<br>6:00pm – SMART<br>RECOVERY (NEW!) | 18<br>12:15pm – AA<br>7:00pm - AA<br>7:00pm – CODA (NEW!) | 19<br>10:30am – Big Book<br>12:15pm - AA |
| 20  | 21<br>12:15pm - AA | 22<br>12:15pm - AA | 23<br>12:15pm - AA | 24<br>12:15pm – AA<br>6:00pm – SMART<br>RECOVERY        | 25<br>12:15pm – AA<br>7:00pm – AA<br>7:00pm – CODA        | 26<br>10:30am – Big Book<br>12:15pm - AA |
| 27  | 28<br>12:15pm - AA | 29<br>12:15pm - AA | 30<br>12:15pm - AA | 31<br>12:15pm - AA<br>6:00pm – SMART<br>RECOVERY        |   |  |



**“Today is another chance to make yourself proud.”**

As our schedule sometimes changes, please visit our website for up-to-date information  
[avalonrecovery.org/schedule](http://avalonrecovery.org/schedule)